

SPORTS

1. The Army is keen to recruit sportsmen of merit. For this the following entry schemes are available:-

- (a) Direct entry as Naib Subedar.
- (b) Direct entry as Havildar.
- (c) As a Soldier.

2. Physical and Medical Standards . The candidates must conform to the prescribed physical and medical standards as applicable for normal recruitment in the Army. Dispensation if any granted to deserving candidates by competent authorities on case to case basis is as under:-

3. Relaxation in Physical Standards .

| | |
|--------|-------|
| Height | 2 Cms |
| Chest | 3 Cms |
| Weight | 5 Kgs |

4. Eligibility Criteria for Naib Subedar .

(a) **Age limit** . 17 years 6 months-24 years.

(b) **Education** . Minimum qualification-matriculation or equivalent. Dispensation may be given to meritorious sportsmen on case to case basis. However the sportsmen must fulfill all the conditions for enrolment in a trade or category where higher educational standards are required.

5. The list of Games and Sports which are recognised for the above entry is given in the table below.

| | | | | |
|------------|-----------|------------|-----------------------|----------|
| Athletics | Archery | Basketball | Boxing | Cricket |
| Cycling | Football | Golf | Gymnastics | Handball |
| Hockey | Judo | Kabaddi | Kayaking and Canoeing | Rowing |
| Shooting | Squash | Swimming | Taekwondo | Tennis |
| Volleyball | Wrestling | Fencing | | |

6. The selection will be made from out of those who have achieved any of the following standards in any of the sports and games specified above .

(a) Winner of any medal in senior National championship / National games duly recognised by the Sports Authority of India and Ministry of Sports.

(b) Winner of gold medal at Junior National Championship.

(c) In case of team events, the individual should have been a member of the National team or playing member of the finalist team in the senior National championship/ National games.

The competent authorities to issue certificates considering validity for achievements of sportsmen will be president of secretary of the concerned national sports federation affiliated to Indian Olympic Association.

7. Period of Probation and Conditions of Discharge .

Period of Probation. Three Years.

THE MINIMUM QUALIFICATION that must be fulfilled by a directly enrolled Nb Sub sportsmen for retention in service is as under :-

(a) Should have represented the Services team at least twice in three years in National championship events.

(b) Should have represented the Services team in National championship at least twice in three years in individual events or should have won any medal at least once in National championship in three years.

8. Eligibility Criteria for Havildar .

(a) **Age limit . 17years 6 months-23 years**

(b) **Education** . Minimum qualification-matriculation or equivalent. Dispensation may be given to meritorious Sportsmen on case to case basis. However the sportsmen must fulfill all the conditions for enrolment in a trade or category where higher educational standards are required.

| | | | | |
|-----------------------|-----------------------|---------------------|------------------------------|-----------------|
| Athletics | Archery | Basketball | Boxing | Cricket |
| Cycling | Football | badminton | Gymnastics | Handball |
| Hockey | Judo | Kabaddi | Kayaking and Canoeing | Rowing |
| Shooting | Weight Lifting | Swimming | Taekwondo | Tennis |
| Vollyball | Wrestling | Table Tennis | Equestrian Sports | Karate |
| Ball Badminton | Kho-Kho | Fencing | | |

9. The selection will be made from out of those who have achieved any of the following standards in any of the sports and games specified above.

(a) Represented a state or Country in National or International Competitions either at Senior or Junior level.

(b) Represented their University in the Inter University Tournaments conducted by the Inter university Sports board.

(c) Represented the State School Teams in the National Sports or Games for Schools conducted by the All India Schools Games Federation.

(d) Represented the district team in the State sports conducted by the States Sports Federation

The competent authorities to issue certificates considering validity for achievements of sportsmen will be president of secretary of the concerned national sports federation affiliated to Indian Olympic Association.

10. Period of Probation and Conditions of Discharge .

Period of Probation. One Year. Individuals will be liable to discharge from Military Service if they fail to achieve the requisite standards

11. Eligibility Criteria for Soldier (Sportsmen Category).

(a) **Age.** As applicable for various types of Soldier entries like Soldier GD/Tradesmen/Clerk/Store Keeper Technical/Tecnical and Nursing Assistant

(b) **Educational Qualification .** As applicable for various types of Soldier entries like Soldier GD/Tradesmen/Clerk/Store Keeper Technical/Tecnical and Nursing Assistant

(c) **Relaxation in Physical Standards.**

| | |
|--------|-------|
| Height | 2 Cms |
| Chest | 3 Cms |
| Weight | 5 Kgs |

(d) **Physical Fitness and Medical Test.** The individual has to qualify the physical fitness test like one mile run, nine feet ditch, zig-zag balance pull ups and the Medical test to sit in the Common Entrance Exam.

(e) **Bonus Marks.** The candidates who qualify the written exam are awarded some bonus marks in recognition of their sports achievements in SoldierGD/ Tradesmen/Clerk/Store Keeper Technical/Tecnical and Nursing Assistant.

(f) **List of Games and Sports which are recognised for entry are specified below .**

| | | | | |
|----------------|----------------|--------------|-----------------------|----------|
| Athletics | Archery | Basketball | Boxing | Cricket |
| Cycling | Football | badminton | Gymnastics | Handball |
| Hockey | Judo | Kabaddi | Kayaking and Canoeing | Rowing |
| Shooting | Weight Lifting | Swimming | Taekwondo | Tennis |
| Vollyball | Wrestling | Table Tennis | Equestrian Sports | Karate |
| Ball Badminton | Kho-Kho | Fencing | | |

(g) **The selection will be made from out of those who have achieved any of the following standards in any of the sports and games specified above and earned first/ second position .**

(i) **Represented a State or Country in National or International Competitions either at Senior or Junior level.**

(ii) **Represented their University in the Inter University Tournaments conducted by the Inter university Sports board.**

Note :- The validity period of sports certificate produced by the candidate will be two years on the date of screening for both individual/team sports i.e. the individual should have taken part in these sports events within two years prior to date of screening.

Headquarters Recruiting Zone, Shillong will not be resesponsible for any discrepancy in the data.For exact details the candidates should contact their nearest ARO.